

FIRST LESSON FREE

Join the premier jujitsu organisation ~ over 100 years of history in Australia



- ◇ **Learn a True Martial Art**
- ◇ **Accredited Instructors**
- ◇ **Suitable for Men & Women**
- ◇ **Adult & Children's Classes**
- ◇ **Self Defence Lessons**
- ◇ **Weapons Self Defence**
- ◇ **Friendly, Safe Environment**
- ◇ **Gain Self Confidence**

**For more information and
dojo locations**

visit our website

or contact

NSW: Gordon 0408 282 381

VIC: Ross 0412 343 088

QLD: Roger 0408 075 079

www.jujitsu.net.au

TRAINING LOCATIONS – NEW SOUTH WALES

Pennant Hills - Baden-Powell Scout Centre, Orchard Street, Pennant Hills ... (off Pomona Street turn left onto Orchard St and into the driveway)

- Wednesday 7:00pm - Adult classes and Juniors from 9 years
- Teacher: Gordon Griffiths *shihan* – 7th Dan Jujutsu, NCAS Level 4 Advanced Coach
- Phone: (02) 9639 9994 or 0408 282 381 email joysbooks@optusnet.com.au
- Teacher: Malcolm Cook *sensei* – 2nd Dan Jujutsu, NCAS Level 2 Coach
- Phone: 02 9639 9994 or Mobile: 0408 282 381 email mebjcook@bigpond.net.au

Sylvania Heights Youth Club – Box Road, Sylvania

- Tuesday – 7:00 pm AND Friday – 7:00 pm
- Adult and Junior Classes – mixed classes men and women
- Teacher: Steve Darke *sensei* – 1st Dan Jujutsu, NCAS Level 2 Coach
- Phone: 0414 805 899 email steve@suth-inst.com.au

Darlinghurst – Boxing Works Gym 74-84 Foveaux Street (200m from Central Station)

- Monday and Wednesday – 7:00 pm – Jujutsu Seniors Only
- Also available: Brazilian Jiu Jitsu, wrestling and mixed martial arts
- Teacher: Larry Papadopoulos *sensei* – 4th Dan Jujutsu, NCAS Level 3 Senior Coach
- Phone: 02 9281 7217 email: larry@boxingworks.com.au website: www.boxingworks.com.au

Helensburgh – Scout Hall Helensburgh, Cnr Parkes St and Harper St

- Friday – 7:30 pm – Jujutsu Seniors Only
- Teacher: Adam Jarrett *sensei* – 1st Dan Jujutsu, NCAS Level 2 Coach
- Phone: 02 4294 8112 email: j8_@dodo.com.au

TRAINING LOCATIONS – VICTORIA

Mont Albert North – Healthways Recreation Centre 3-11 Arcade Road

- Friday – 6:30 pm
- Teacher: Ross Miller *sensei* – 4th Dan Jujutsu, NCAS Level 3 Senior Coach
- Phone: 03 9878 8467 or 0412 343 088 email rjmiller8@hotmail.com

Scoresby – Primary School Hall – 11 Ingrid Street Scoresby

- Tuesday – 7:00 pm
- Teacher: Fred Wright *sensei* – 1st Dan Jujutsu, NCAS Level 2 Coach
- Phone: 0403 594 805 email fred.wright@holmesglen.edu.au